



Fall 2010 Programs for Parents, Youth and Families

Register Now - Call 780.963.0549

"Strengthening Family Connections"

Program	Location	Day	Start/End	Time
Parent Education * Child Care Available				
Parenting a Balancing Act *	PERC Building	W	Oct 6, 13, 20, 27	6:00 pm - 8:00 pm
Building Resilient Kids*	PERC Building	W	Sept 15, 22, 29	1:00 pm - 3:00 pm
Triple P Teen Seminar	FCSS Spruce Grove	W	Nov 10	6:30 pm - 8:30 pm
Triple P Primary (up to 9 yrs old)	PERC Building	S	Oct 16 - Nov 6	9:30 am - 11:30 am
Triple P Teen (10 yrs & up)	PERC Building	T	Oct 12 - Nov 2	6:00 pm - 8:00 pm

Early Childhood Development * Child Care Available				
Aboriginal Making Connections *	PERC Building	Th	Oct 14 - Dec 2	12 noon - 2:00 pm
Books for Babies (0 - 8 months)	Stony Plain Library	M	Oct 18 - Nov 8	10:30 am - 11:30 am
Come Play With Me (18-36 months)	PERC Building	T	Oct 12 - Nov 2	10:00 am - 11:00 am

Family Support				
Parent & Tot Drop In	PERC Building	W	Sept 8 onward	10:00 am - 11:30 am
Parent & Infant Drop In (0 - 8 mths)	PERC Building	W	Sept 8 onward	10:00 am - 11:30 am
Parent & Tot Drop In	Parkland Village	T	Sept 21 - Dec 7	10:00 am - 11:30 am
Parent & Tot Drop In	St. Andrew's	Th	Sept 9 onward	10:00 am - 11:30 am
Health for Two (WIN)	PERC Building	T	Ongoing	11:00 am - 12:30 pm
Supporting Parents of ADHD Children (all ages)	PERC Building	Th	Sept 16 onward	9:30 am - 11:30 am
Grandparents' Support Group	PERC Building	F	Ongoing	9:30 am - 11:30 am
Tick Tock Time (0 - 4 years)	PERC Building	F	Oct 8 - Nov 26	10:00 am - 11:00 am
Tick Tock Time (0 - 2 years)	Grove Manor	W	Oct 13 - Dec 1	10:30 am - 11:30 am
Tick Tock Time (0 - 4 years)	Spruce Grove Library	T	Oct 19 - Dec 7	1:30 pm - 2:30 pm
French / English Tick Tock Time	Stony Plain Library	T	Oct 19 - Dec 7	10:30 am - 11:30 am
German / English Tick Tock Time	Stony Plain Library	Th	Oct 14 - Dec 2	10:30 am - 11:30 am

Youth				
Young Moms	FCSS Spruce Grove	W	Sept 29 - Dec 8	3:30 pm - 5:00 pm

PERC Building 5413 - 51 Street, Stony Plain

Resource Centre Hours: M-F 9:00 - 4:30, Saturdays 9:00 - Noon

For program information, registration or referral, call 780.963.0549

Visit our web site at www.apfa.ca for detailed program descriptions, information upcoming special events and current job openings at apfa.

